

### Sports Progression

In conjunction with REAL P.E which provides teaching of the fundamental skills needed, we also teach the sports which the skills can be applied to. This works on a cyclical manner to allow revisiting and development of their skills within the different sports outlined below.

We will also be covering our Gym and Dance curriculum through REAL Gym and REAL Dance with the coverage outline below.

Year 1/3/5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Netball	Hockey	Volleyball	Tennis	Long Jump	Athletics - Throwing
Year 2/4/6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Football	Touch Rugby	Badminton*	Cricket	High Jump	Sprinting/Relay

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Gym and Dance Cog designation	Personal – Gym Cognitive – Dance	Social – Gym Applying Physical – Dance	Creative – Gym Health and Fitness – Dance	Personal – Gym Cognitive – Dance	Social – Gym Applying Physical – Dance	Creative – Gym Health and Fitness – Dance