## **COVID-19 CRISIS BEREAVEMENT** HELPLINE 01342 313895



9am - 12 noon, Monday - Friday, Calls out of these hours are monitored

Information, advice and guidance to help and support bereaved children and young people and for those facing a loss of a loved one during the Coronavirus outbreak and beyond

- \* How to talk to your children
- \* Choosing the right words
- \* Age appropriate information

- Physical and emotional responses from children
- School support
- \* Making memories
- Family advice and support

Throughout this challenging time our trained support workers will be there to support you and your children

Contact us: www.jigsawsoutheast.org.uk / info@jigsawsoutheast.org.uk

Follow us for our latest advice and resources: (f) (y) (limits)







