



## P.E Coverage

Intent (Aims)	At Woodlea we follow 'Real PE'. This scheme supports every child to develop the physical literacy, emotional and thinking skills to achieve in PE, sport and life. By using this scheme our aim is to develop and promote health, fitness and wellbeing. Real PE offers a high-quality PE curriculum that inspires all pupils to succeed in sporting activities, providing opportunities for pupils to become physically confident in ways which support their health and fitness, opportunities to compete in sports and other activities, building character and help to embed values such as fairness and respect.					
Pedagogy (How?)	<ul style="list-style-type: none"> <li>• Provide sporting clubs after school</li> <li>• Active lunch and break time</li> <li>• Follow Real PE systematically</li> <li>• Active lessons</li> <li>• PE taught weekly</li> </ul>					
Curriculum (What?)	<b>Autumn</b>		<b>Spring</b>		<b>Summer</b>	
Reception	<b>Personal</b>	<b>Social</b>	<b>Cognitive</b>	<b>Creative</b>	<b>Physical</b>	<b>Health and Fitness</b>
Year 1	Coordination: Footwork (FUNS Station 10)  Static Balance: One Leg (FUNS Station 1)	Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6)  Static Balance: Seated (FUNS Station 2)	Dynamic Balance: On a Line (FUNS Station 5)  Static Balance: Stance (FUNS Station 4)	Coordination: Ball Skills (FUNS Station 9)  Counter Balance: With a Partner (FUNS Station 7)	Coordination: Sending and Receiving (FUNS Station 8)  Agility: Reaction/Response (FUNS Station 12)	Agility: Ball Chasing (FUNS Station 11)  Static Balance: Floor Work (FUNS Station 3)
Year 2	Coordination: Footwork (FUNS Station 10)  Static Balance: One Leg (FUNS Station 1)	Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6)	Dynamic Balance: On a Line (FUNS Station 5)  Static Balance: Stance (FUNS Station 4)	Coordination: Ball Skills (FUNS Station 9)  Counter Balance: With a Partner (FUNS Station 7)	Coordination: Sending and Receiving (FUNS Station 8)  Agility: Reaction/Response (FUNS Station 12)	Agility: Ball Chasing (FUNS Station 11)  Static Balance: Floor Work (FUNS Station 3)

		Static Balance: Seated (FUNS Station 2)				
Year 3	Skill – Coordination: Footwork (FUNS Station 10) Cool Down – Static Balance: One Leg (FUNS Station 1)	Skill – Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6) Cool Down – Static Balance: Seated (FUNS Station 2)	Skill – Dynamic Balance: On a Line (FUNS Station 5) Cool Down – Coordination: Ball Skills (FUNS Station 9)	Skill – Coordination: Sending and Receiving (FUNS Station 8) Cool Down – Counter Balance: With a Partner (FUNS Station 7)	Skill – Agility: Reaction/Response (FUNS Station 12) Cool Down – Static Balance: Floor Work (FUNS Station 3)	) Skill – Agility: Ball Chasing (FUNS Station 11) Cool Down – Static Balance: Stance (FUNS Station 4)
Year 4	Skill – Coordination: Footwork (FUNS Station 10) Cool Down – Static Balance: One Leg (FUNS Station ))	Skill – Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6) Cool Down – Static Balance: Seated (FUNS Station 2)	) Skill – Dynamic Balance: On a Line (FUNS Station 5) Cool Down – Coordination: Ball Skills (FUNS Station 9)	Skill – Coordination: Sending and Receiving (FUNS Station 8) Cool Down – Counter Balance: With a Partner (FUNS Station 7)	Skill – Agility: Reaction/Response (FUNS Station 12) Cool Down – Static Balance: Floor Work (FUNS Station 3)	Skill – Agility: Ball Chasing (FUNS Station 11) Cool Down – Static Balance: Stance (FUNS Station 4)
Year 5	Coordination: Ball Skills (FUNS Station 9) Agility: Reaction/Response (FUNS Station 12)	Static Balance: Seated (FUNS Station 2) Static Balance: Floor Work (FUNS Station 3)	Dynamic Balance: On a Line (FUNS Station 5) Counter Balance: With a Partner (FUNS Station 7)	Static Balance: One Leg (FUNS Station 1) Dynamic Balance to Agility: Jumping and Landing (FUNS Station 6)	Static Balance: Stance (FUNS Station 4) Coordination: Footwork (FUNS Station 10)	Agility: Ball Chasing (FUNS Station 11) Coordination: Sending and Receiving (FUNS Station 8)
Year 6 (Sports Focus)	Netball	Gym	Handball	Dance	Athletics	Rounders